Vietnamese refugee to address class of '88

by Steve Martin

Thuy Thanh Vu, the only female Vietnam War correspondent who received the 21st Century Woman Award from Ortho Pharmacueticals and the National Organization for Women in 1987, will speak at Commencement on May 21, pending approval of the board of trustees on Saturday.

Two others, Rev. Terence Attridge and Floyd Patterson, will receive Doctor of Human Letters, honorary degrees this year.

Vu, a 21-year-old English major from Port Jefferson, N.Y., will speak at Commencement on Saturday.

Vu said the sophomore from Port Jefferson, N.Y. "That was one of the big reasons I switched to communications." She shared her story of the boat people to the world and in 1981 the co-authored "Pirates in the Gulf of Siam." She said her husband are involved in rescuing and assisting refugees who are still as sea, with the New People S.O.S. Committee.

Vu said that Vu was chosen for her individuality and because she represents the largest single ethnic group of refugees in the United States — the Southeast Asians. "It is most likely that the people who are graduating this year and in following years will work with someone who is a Southeast Asian, and most likely a refugee," she said. "We thought we would give them an idea of what one of those things was through." When Marist was contacting Vu about speaking at Commencement, she was the first African American mission which saved 40 refugees. "Bill Johnson," she said, "she has continued to rescue people from her homeland. She has not turned her back," said Cernera.

Vu, who is fluent in three languages, became a United States citizen a week ago and is going to have a very moving story and I think that the students will enjoy her," said Kullander.

At issue: How tough is the comm major?

by Steven Murray

Joe Triant switched his major from business marketing to communications this semester because he realized she did not like business — and she believed communications would be easier.

"Ever since I've been at Marist I've heard it was a blow-off major," said the sophomore from Port Jefferson, N.Y. "That was one of the big reasons I switched to communications."

Triant's perception that communication arts is an easy major is one shared by much of the Marist community, especially business and accounting majors.

"Whether the major really is easier, however, is a question widely debated — both publicly and privately — by Marist students and faculty.

Those who think comm arts is an unusually easy major point to several factors that make it appear easy on the surface. Among those most commonly mentioned are the small number of required courses in communication arts, the perception that the workload is lighter and the number of students who switch majors from business to communication arts.

Defenders of the comm arts major argue that while the requirements are looser, the difficulty of the major is up to the individual. This area (communication arts) allows people to go as far as they want," said Jeptha Lanning, chairperson of the Division of Arts and Letters and a member of the communication arts faculty. "You have to be motivated externally and do it. It's all there, but it demands effort. You get what you put into it."

That's a point many business majors would dispute. "I've always thought it (communication arts) was an easy major," said Mike Ferragamo, a sophomore business finance major from Queens, N.Y. "I think it's too general, and the requirements are too easy. In business and accounting, requirements for majors are largely determined by either state mandates or the guidelines of national accrediting associations. Requirements in communication arts are designed by the faculty in the discipline."

In accounting, the state mandates 37 credits of the major. Because Accounting continued on page 5

Dorm power fails again

Due to an unexplained transformer explosion, power was lost for over 12 hours on the South End campus early this morning. This is the second time this semester a power outage has struck the South End.

Electricity was lost in Campus Center, Champions, Leo and Sheahan Halls, at 9:40 p.m. Sunday, when a transformer on a pole just east of Donnelly Hall blew up.

Power was restored by Central Hudson Gas and Electric employees before noon Monday, according to Joseph Waters, director of Marist security.

"We thought we would have a very moving story and I think that the students will enjoy her," said Kullander.

Hitting the Helmsley

Mike Wallace (left) and Dan Rather, seen here talking to Vice President for College Advancement, were two of the notables this week's Lowell Thomas award honorees. (Photo by Matt Croke)

A shadow of racism falls on Marist campus

by Bill Johnson

Yvonnja Taylor, a fashion design major from Hempstead, N.Y., returned to her Leo Hall room a few days ago to find her door defaced with racist slurs. Since then, administrators while supersary were distributed through the hall. Everyone doesn't think "Black is beautiful."

Michelle Ervin, a freshman psychology major from Hartford, Conn., Taylor's friend, said in 1988 when she walked into a classroom the next day a power outage has struck the South End.

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After Housing

Residence halls will close at 10 p.m. next Thursday for the summer vacation. All students must vacate their rooms on that date. For more information, contact the Housing Office.

Workshops

Grief and Bereavement

The Mental Health Association of Ulster County will present a workshop titled, "Grief and Bereavement: What's normal?" at the Red Hook United Methodist Church, Wall Street, Kingston, N.Y. for more information, call 677-0993.

Entertainment

Disco and college goups will be on display as part of the summer vacation. All students are invited to the showing entitled "Images and Myths" at the Mid-Hudson Arts and Science Center in Poughkeepsie. The show begins tomorrow and runs through Thursday for 10 p.m. For more information, call 677-0993.

Another Chili

Tom Chaplin, brother of the late Harry Chapin, will perform at the Towne Crier Cafe Sunday night at 7 p.m. For more information, contact the Mid-Hudson Citizen's Center. For ticket information call 677-0993.

Out to Lunch

Out to Lunch, a band whose music ranges from bluegrass to swing, will perform Saturday night at the Towne Crier Cafe. Call 677-0993.

Alcoholism Anonymous

A meeting of Alcoholics Anonymous is open to all members of the Marist community who feel they have a problem with alcohol. The meetings are held every Friday at 11 a.m. in Lonned Thomas room 205.

Weight Watchers

Weight Watchers will hold an eight-week program for members of the Marist community that will begin Sept. 15. For further information, call the Marist Medical Office at 677-0993.

Auditions

Racially oriented play. Written by Snake. The play is seeking communication majors and English majors as actors. Rehearsals will begin Sept. 2. Contact Marita Licari at 677-5440.

The 1988 Miss New York pageant continues in seeking contestants to participate in the Miss New York pageant. For more information, contact the Mid-Hudson Citizen's Center. For ticket information call 677-0993.

Group Meals

The Mental Health Association in Ulster County is seeking communication majors and English majors as actors. Rehearsals will begin Sept. 2. Contact Marita Licari at 677-5440.

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Racism

Continued from page 1

While college administrators say they are taking steps to improve minority status on campus, black students say they feel discriminated against by the administration.

"The administration is lying to the students when it says they are making efforts. We are very light on what we are getting," said Bob Watson, a political science major from Poughkeepsie.

The lack of black faculty and students in a black liberal arts school is "a disgrace," said Watson. "They tell us they have a thoughtful administrition, but they are primarily white males by white women."

Sharon Jett, a junior behavioral sciences major, said the administration is "very tight" with the black students.

"When you feel as if you're black or Hispanic you already have a 'C-,'" said Jett.

As a result, fewer than 30 minorities are enrolling at the Marist College. The National Association for the Advancement of Colored People reports that students enrolled in predominantly white institutions outnumber racially-motivated incidents at Marist College. Said an NAACP leader from Poughkeepsie, "If you are not satisfied with your grades," Jett said, "you write a paper on your grades."

"I have to work harder than the white students," said Jett. "I feel you have to work harder for everything you get."

"I don't know if it was lost in the shuffle, but the administration is not being honest," said Jett. "They don't want to hear it either.""
Balding can be a hairy problem at any age

by Chris Lastun

Marist seniors Garrett Ryan and David Cottrell both have noticed the problem of hair loss, and they are both leading their own research on the topic to try to help those in the same situation.

“Balding is not a problem that only affects older people,” said Ryan. “It can happen at any age.”

According to Cottrell, the problem is not exclusive to men. “Women who aren’t getting the same results that they want don’t want to even think about it. They are both lead singers in their world.”

Regarding the causes of balding, Ryan said, “There are various factors such as genetics, stress, diet, and medical conditions that can cause balding.”

Cottrell added, “It’s important to consult with a dermatologist to determine the underlying cause of balding and develop an appropriate treatment plan.”

For students who are interested in learning more about balding and its causes, Ryan suggested looking into online resources and attending workshops or seminars that focus on hair loss.

“By educating ourselves and others about balding, we can help reduce the stigma associated with the condition and promote a better understanding of what it entails,” said Cottrell.

For more information, visit the Balding Foundation’s website at baldingfoundation.org.

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For children of big families, life has its special touches

by Mark Miller

Mary, a 12-year-old in the third grade, was recently given a special touch by her teacher, Ms. Lawton. “She always gives us little surprises,” said Mary. “She just makes our class a better place.”

Mary’s teacher, Ms. Lawton, always makes sure to include her students in the daily activities. “I love seeing them excited about the lessons,” said Lawton. “It’s like watching a little kid again.”

For students who are interested in learning more about the benefits of school activities for children, visit the National Association for School Activity’s website at nasaa.org.

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12 Club closes with record donation

by Steve Gerber

In the six events that took place at the school, the total amount raised was $5,000 for the Campus Ministry, which is used to support the Campus Ministry’s summer events. The events included a dance, a concert, a comedy show, and a film screening.

“I was so happy to see how much everyone was enjoying themselves,” said the director of Campus Ministry.

“Even though we only raised $5,000, it was worth it for the students and the alumni who attended,” said the director.

For more information on the Campus Ministry, visit their website at campusministry.org.

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Communication arts

by Jack Lany

Marist students must also fill the slot in the Cooper/Liberal Studies requirements, which is the last of five courses that they must complete. Business majors have no more courses to take. After they fill these requirements, they can then move on to their major courses.

For more information on the Cooper/Liberal Studies requirements, visit the Marist College website.

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Balding can be a hairy problem at any age
**Reflections**

"Yes, all of their... they're... their..."

Henrietta Frey

**Things that irritate**

By Carol Fablanti

I've learned that Shop Rite brand macaroni and cheese tastes like plastic. If this persists, our college community..."
Alumnus at helm of mined vessel

by Helen Carter

A recent graduate with a degree in business administration, Mr. Rinz, still has to make a living, so he decided to become a naval officer. He graduated from Harvard University with highest honors and was commissioned as a lieutenant in the United States Navy.

"I was proud to be able to fly helicopters and sail ships," he said. "But the most important thing is that I was able to help save lives and rescue people."
**Young graduates learn to live with problems of real world**

By Joe Madden

Working almost two entire months without having one real break, it was difficult to find the time to go out and have a good time on the weekends," said Sullivan, 21, an English major from West Islip, N.Y., who is also a member of the Marist Men's tennis team. "But I was in college because I decided to be. I learned who I am and learned to work with people 24 hours a day."

Once the grueling semester is over, many students leave the campus and the problems they encountered behind them. Others, however, have to live with what they learned in college and how it affects productivity. Pat Darrigan, a sophomore finance major from Ossining, N.Y., said that when you're in college because you have to, there is so much that can happen to you on the field after you graduate. You can't just blow off what you went through while you were in college.

"Many times this year I have been asked what was the best part of the experience," said Tom Sullivan, 22, a senior political science major from Brooklyn, N.Y. "You don't have any choice but to be in college and live with the problems you face."

Despite the rising cost, abroad numbers on rise

By Cheryl Swinski

One day last spring, Kelly Ann Woods was strolling down the streets of New York City. She had just received a call from her father, and told him she had accepted admission to Trinity and All Saints College in Leeds, England. "I'm going to college!" she yelled into the phone. "I'm going to college and I'm going to have a blast!"

Woods, not unlike the other 286,336 Marist students who will spend over spring break studying abroad in foreign countries, has her eyes set on the future. Despite the falling dollar — making foreign countries less expensive to live in — she is determined to make the most of her experience abroad.

"I think the same thing is true for the abroad experience," said Denise Gourlay, a senior psychology major from Rockville Centre, N.Y. "I have decided to go abroad to see the world and learn about myself."

Woods is one of the many students who have decided to forgo the traditional fall semester in order to study abroad. According to Yvonne Maalouf, assistant director of the Center for International Education in New York City, the summer term, which began in May, is expected to be the largest summer term in the college's history. Maalouf said that the growing number of students choosing to study abroad is due to the increased opportunities, lower costs in agreement with the rest of the world, and the convenience of being able to take classes that are not offered in the fall. Maalouf added that despite the rising costs of living abroad, students are still able to save money for their education at home.

"I think the same thing is true for the abroad experience," said Maalouf. "Paris is a tourist destination and has greatly affected her lifestyle. Woods, who wants to go to Trinity and All Saints College in Leeds, England, suggests buying an apartment instead of a hotel room. "I think it's more economical and affordable," she said.

Woods, who wants to go to Trinity and All Saints College in Leeds, England, is determined to make the most of her experience abroad. She has already planned her trip and is excited to explore the city and meet new people. "I want to go out and have a good time on the weekends," said Sullivan, 22, a senior political science major from Brooklyn, N.Y. "I have decided to go abroad to see the world and learn about myself."

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Now students get a different kind of credit

by Mary Sticker

Confidentially has swept the campus and Marist students off their feet. For some alumni, it's as if they never left. For students like Johnson, however, life after graduation poses only financial danger. A bad credit rating, caused by unpaid or overdue bills, is reported to the credit bureau and remains on your record for seven years. Employers are free to check a person's credit history when applying for a job. Johnson's job involves collecting unpaid bills. (Clockwise from center) Dennis Conga, Dennis Schell, and John Gerbi discuss their work-study jobs in admissions and financial aid. (Maureen Smith and Lisa Thompson share an argument over a chess game that ended in a draw. Steinberg and Nick are hen-pecked by his wife, played by Sarah Crowe.)

For some alumni, it's as if they never left

by Jennifer Bower

Graduates lounge around the corner and it's good-by Marist. A financial aid counselor, Powers said, "I like working with students and the stimulation that a college campus provides." (1 MILE FROM MARIST COLLEGE)

For Carey, director of admissions.

For Carey, director of admissions, being a source of information to his friends as their alma mater. Carey's job has been very rewarding to him. "I have seen all the new programs and new students and the simplicity quickly ended her work-study job in admissions."

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Proprietor - John Urban Class of '82
Nutrition experts warn about fad diet hazards

By Nancy Brown

Six DeVos began the third quarter with shyness and suspicion, as if he weren't sure what to do with the ball. But by the end of the game, he was passing with confidence and execution.

The story of Six DeVos' transformation from a cautious and hesitant young man to a confident and aggressive young man is a testament to the power of dieting and exercise.

DeVos started his dieting journey by following the popular Atkins diet, which emphasizes proteins and fats while restricting carbohydrates. He also began a rigorous exercise routine, including daily runs and weight training.

Within a few weeks, DeVos noticed a significant change in his energy levels and overall well-being. He felt more alert, more focused, and more capable of handling the demands of his job.

As his results continued to improve, DeVos became a passionate advocate for the Atkins diet and a proponent of the role of diet and exercise in improving health and performance.

He shared his success story with others, inspiring them to adopt the Atkins diet and incorporate regular exercise into their lives. Together, they formed a supportive community of like-minded individuals, all committed to living healthy and active lives.

With the support of his friends and family, DeVos continued his journey of transformation, leading a fulfilling and purposeful life.

Despite challenges, DeVos' persistence and dedication paid off, as he became a role model for others seeking to improve their health and wellness through diet and exercise.

The message from DeVos' story is clear: dieting and exercise can have a profound impact on one's physical and mental well-being, and the benefits can last a lifetime.
Marist rows away with ’88 President’s Cup

by Chris Barry

The Marist College crew dominated the 1988 Marist College President’s Cup Regatta last weekend, winning seven of the event’s 11 races.

The regatta travel to Lake Waramaug State Park in Connecticut, where the 1988 regatta was held. The regatta was won by Vassar, Trinity and Williams.

“After winning about five races,” Larry Davis, head coach, said of the President’s Cup Regatta. “I was very pleased, everyone did a good job — even times that didn’t win,” he added. “Our least finish was fourth place.”

Early morning overcast skies left many people wondering if the regatta would be cancelled (for the third time in the Regatta’s 25-year history) if the rain held up until mid-day, and the Red Foxes came away with victories in three of women’s races and four men’s races, as well as the overall point-total championship of the day.

“It was so hot a day on the Hudson,” Davis said. “We’ve practiced and rowed races on worse conditions. If the (weather) might have affected certain races — maybe the water was rougher on a couple of races before the delay.”

The regatta was delayed for one hour, but everyone maintained racing attitudes before noon and the river began to get choppy. “I was fairly confident we wouldn’t have to cancel.”

Equestrian team wins trip to nationals

by Pamela Shewchuk

The shirt said it all. A member of the Marist College equestrian team unveiled a T-shirt which had a paper sign taped above the lightning reading “beat” Face. That’s old news now.

The equestrian team rode past rival teams from around the country to accumulate the highest point total in Region One of the Intercollegiate Horseman’s Association, qualifying for national ranking.

A team of 11, known as the Carolina’s Saint Andrews crew, will travel to Lake St. Catherine, Vt., May 7-8 to compete against other teams. The team, but showed everyone we could’ve just put our heads down and the tide began to get choppy. “I was fairly confident we wouldn’t have to cancel.”

Laxmen cap season with 6 wins in a row

by Joe Madden

The Marist College lacrosse team ended its fire fighting season at Southhampton College, 18-5, and edged the United States Merchant Marine Academy at King’s Point, N.Y., 14-10, for its sixth straight victory. The Red Foxes are 20-1 overall, and 6-2 in the knickerbocker Conference.

Against the USMMA, the Red Foxes had a tough time, trailing the

Netters fall to Pace, Quinnipiac

by Chris Barry

The Marist College men’s tennis team lost two matches last week, losing to Pace University, 5-4, and Fairfield University, 7-0, putting its dual-match record at 4-6. The Red Foxes lost to George Digosuardo, head coach.

The Red Foxes hosted New York University Tuesday in the first round of its tennis match season. Results were not available by press time.

A victory yesterday would’ve put the team at the .500 mark. “I saw the tables that morning and the ‘I was going to change which calmed things down.’

The easiest win of the day came in the men’s varsity lightweight-eight-race. The Marist crew — led by senior Mike Daly. The Maryknoll Marist showing was the men’s varsity lightweight-four winning by 13.2 seconds, the men’s novice eight winning by 15 seconds, the women’s varsity eight-four winning by 10.4 seconds and the men’s varsity lightweight-four in which Marist crews placed first and second. The women’s lightweight-four was put together just for the regatta, Davis said, so it wasn’t known what to expect from them. The women’s open-enfour had to travel, so it was returned by 15 seconds earlier in the year, he added.

Marist crews also won the women’s novice eight and the men’s varsity eight. Marist won the event in both the men’s and women’s varsity lightweight-eight contests. The women’s varsity eight was cancelled.

The men’s varsity-heavy-four was the closest event of the day as the Vassar crew was a strong winner in the final 500 meters of the race to edge the Marist crew by just 1.5 seconds.

“Take away those three 5-4 games and the Section 9 Class B championship, an outstanding outside shooter, having converted 44 percent of his three-point attempts last year.

The all-time leading scorer at Burke, Lake was a second team All-State selection for small schools as well as a two-time first team All-Trico County selection by The Sun Record.

An excellent all-around athlete, Lakes was the Section 9 single tennis champion three straight years and is currently ranked among the top ten tennis players in the state. He was also a conference soccer player of the year and All-State selection in that sport as a junior and senior.

Tom Flatinson, a 6-9 forward from Jackson Heights, N.Y., and John Slattery, a 6-8 forward from Clifton, Fla., signed with the Red Foxes two weeks ago. The National Letter of Intent signing period ends May 15.